

**HORARIO SANTIAGO 2026-2027**

| LUNES          |                                                                                               |   | MARTES         |                                                                                             |   | MIERCOLES      |                                                                                               |   | JUEVES         |                                                                                                 |   | VIERNES        |     |
|----------------|-----------------------------------------------------------------------------------------------|---|----------------|---------------------------------------------------------------------------------------------|---|----------------|-----------------------------------------------------------------------------------------------|---|----------------|-------------------------------------------------------------------------------------------------|---|----------------|-----|
|                |                                                                                               |   | 10:00<br>10:45 |  PILATES   | R |                |                                                                                               |   | 10:00<br>10:45 |  PILATES     | R | 10:00<br>10:45 | GAP |
|                |                                                                                               |   | 11:00<br>11:45 | GAP                                                                                         |   |                |                                                                                               |   | 11:00<br>11:45 | CARDIO-TONO                                                                                     |   |                |     |
|                |                                                                                               |   |                |                                                                                             |   |                |                                                                                               |   |                |                                                                                                 |   |                |     |
| 18:45<br>19:15 | GAP 30'                                                                                       |   |                |                                                                                             |   | 18:45<br>19:15 | GAP 30'                                                                                       |   |                |                                                                                                 |   |                |     |
| 19:20<br>20:05 |  PILATES     | R | 19:15<br>20:00 |  PILATES   | R | 19:20<br>20:05 |  PILATES   | R | 19:15<br>20:00 |  PILATES     | R |                |     |
| 20:10<br>20:55 | CICLO INDOOR                                                                                  |   | 20:10<br>21:55 |  FUNCIONAL |   | 20:10<br>20:55 |  FUNCIONAL |   | 20:10<br>20:55 | GAP                                                                                             |   |                |     |
| 20:10<br>20:55 | MIX                                                                                           | R |                |                                                                                             |   | 20:10<br>20:55 | MIX                                                                                           | R |                |                                                                                                 |   |                |     |
| 21:00<br>21:45 |  PILATES   | R |                |                                                                                             |   | 21:00<br>21:45 |  PILATES | R |                |                                                                                                 |   |                |     |
| 21:05<br>21:50 |  FUNCIONAL |   | 21:05<br>21:50 | GAP                                                                                         |   | 21:05<br>21:50 | CICLO INDOOR                                                                                  |   | 21:05<br>21:50 |  FUNCIONAL |   |                |     |

\* Las actividades marcadas con **R** son actividades con reserva de plaza

\* Este horario puede estar sujeto a modificaciones